

# Interviewing etiquette: .....At the interview





## SIGHT



"Smile and the world will smile back"

### Who Would You Hire?





#### **Dress smartly**

- Makeup should be modestly applied
- Dress appropriately for the interview
- Have your clothes pressed
- No open toe shoes
- Never chew gum during an interview
- Nails should be modest in length and natural in color
- Minimal jewelry such as a watch, ring, plain necklace, or pin. Avoid noisy jewelry and large and Long earrings



#### **Dress smartly**

 Hair should be styled conservatively, and long hair should be brushed back from the face

Undergarments should never be seen through or below

outer clothing

Clothes worn to parties,
 weddings is not appropriate
 for an interview

- Tattoos on the arms should be covered with long sleeves
- No sleeveless shirts
- Clothes should be comfortable
  - avoid too tight or too short



# Body Language Do's

- Smile
- Make frequent eye contact
- Smile
- Take notes
- Smile
- Nod frequently
- Smile
- Keep you hands out of your pocket
- Smile





#### **Don'ts**

- Slouch
- Cross you arms
- Tap your feet
- Clear your throat repeatedly
- Bite your lips or nails

#### **HEARING**

• Active listening is most important-answers relevant and appropriate to the question

- Speak with a professional tone
- Follow greeting etiquettes
- Remember and use names
- Don't be loud or too quiet
- Don't use slang, and do not swear
- Use good grammar and good diction. Say "yes", not "yeah." Avoid saying umm, ahh, you know or like....

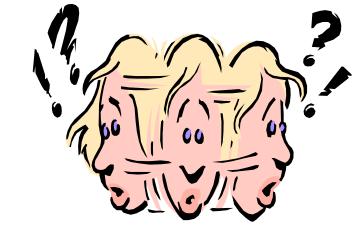


# Meeting and Greeting

- Enter the room gracefully
- Smile
- Greet and state your name
- Wait to be asked to be seated
- Don't fold your arms or legs
- Keep your hands still
- Sit up straight in your chair,
   Don't lean back
- Don't look down look straight, Maintain eye contact
- Don't open your mouth until you're ready to say something



# Tricks for remembering names



- Repeat the person's name a few times to yourself after you're introduced
- Use the person's name immediately in the conversation after an introduction
- Immediately introduce that new person to someone else you know
- Jot down the person's name

### **SMELL**

- Hygiene is important, Shower before your interview
- Brush your teeth and don't smoke before interview
- Wear mild perfume, which cannot be noticed from more than 3 feet away
- If you have bad breath or an armpit odor, use mint and deodorant

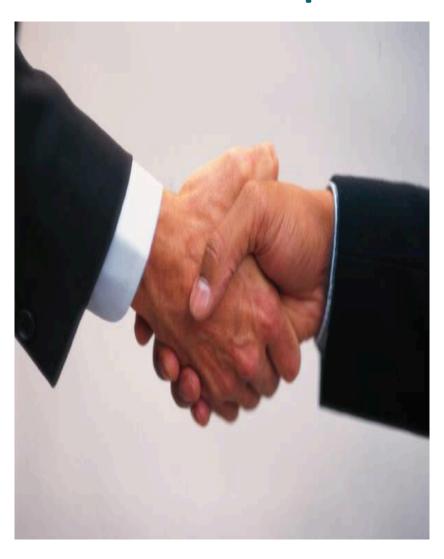
# **TOUCH**

- Greet the Interviewer with a firm hand shake
- It is not appropriate to touch interviewer
- If you have sweaty hands, wipe them before shaking hands



or hug your

# The Proper Handshake



- Firm, but not bone-crushing
- Lasts about 3 seconds
- May be "pumped" once or twice from the elbow
- Includes good eye contact with the other person
- Hold your drink in your left hand to avoid a cold, wet handshake

### **TASTE**



Never leave a bad taste in your potential employers mouth!